

Pastors Corner July 2022

Christ before me, Christ behind me, Christ above me, Christ below me,  
Christ in all the people who I see, Christ in all who see me.

This is obviously a trimmed down version of what is referred to as the  
“Breastplate of St. Patrick” or the “Deer’s Cry.”

I tend to keep repeating this to myself as I get out and travel the pathways  
of my day-to-day activities. I find it perfectly aligns with John Wesley’s gift  
to us of the “Three Simple Rules” we are to remember. “Do no harm, do all  
the good you can and stay in love with God.” And all this aligns perfectly  
of Jesus’ final words to the disciples to “Love one another.”

It’s as simple as all that and yet we complicate it. It can get exhausting.  
“How many times should I forgive,” “Who is my Neighbor,” and many  
more.

The only conclusion I can come too is to keep it simple. Keep focused on  
Jesus and know that God truly loves us.

Even in these difficult times we live in it’s easy to remember we are all in  
this together. By following these simple guidelines, we can begin with our  
own lives and then let the ripples flow out into all the world.

In Christ only by Grace,  
Pastor Bob